Mary Ellen B nutrition therapy - food+body+soul

BENEFITS CHECK

Call the member services number on the back of your insurance card to ask the following questions before booking your appointment. If you have a 3rd party administrator, please call them, not the insurance company.

You will want to document the following in case follow up is needed.	
Date:	Time:
Representative's Name:	Reference #:
The rep will ask you for at least some of the follow	ing information:
PROVIDER Provider Name: Mary Ellen Banevedes Rendering Provider NPI: 1558513234	MARY ELLEN B NUTRITION THERAPY Tax Identification Number: 92-0976540 Group Billing NPI: 1588372510
Which type of insurance do you have?	Fully funded□ Self-funded□
What is your benefit period (when does it start a	and end; many times it's Jan 1 – Dec 31):
Does your policy cover these CPT/procedure of 97802 (initial visit) and 97803 (follow-ups)	
Preventative MNT* Does your policy cover "preventative" nutrition This is not applicable to Medicare.	n counseling?
Anthem: ask if the following code is covered: Z71 If not, ask if the following code is covered: Z72.4	nappropriate diet and eating habits
Aetna & Blue Shield of CA: ask if any of the follow Z83.3 Family history of diabetes	ving codes are covered (1 is enough): R73.03 Pre-diabetes
Z82.49 Family history of heart disease E78.0 High cholesterol I10 High blood pressure	E78.1 High triglycerides R74.01 Elevated liver
enzymes E78.2, E78.4, or E78.5 – different ways of saying	high cholesterol and/or triglycerides and/or

How many preventative visits are covered?

*MNT: Medical Nutrition Therapy

low "good" cholesterol



Medical MNT*

If you have one of the following diagnoses, ask if it is covered in addition to asking the previous questions about Preventative MNT (disregard this section if you do not have any of these). Medicare beneficiaries ask only about diabetes:

F50 Eating Disorder E08 through E13 Diabetes

E28.2 Polycystic Ovarian Syndrome O24 Gestational Diabetes or Diabetes in Pregnancy

How many visits are covered?

Which one of the following will apply (only 1 will apply):

Co-payYesNoIf yes, how much\$:DeductibleYesNoIf yes, how much \$:Co-insuranceYesNoIf yes, what is the %:

VERY IMPORTANT QUESTIONS

Is telehealth covered? Yes No

If yes, is telehealth reimbursed at same rate as in-person? Yes No

Is Prior authorization required?

(This should not be required for Preventative nutrition services)

Yes* No

*If yes, you must request your medical provider obtain this from your insurance.

NO COVERAGE?

If you are told you do not have nutrition services benefit after asking these questions, please, feel free to reach out to me. I will try to help. According to the Affordable Care Act everyone is entitled to preventative nutrition services to those at risk of heart disease (which is most of us) covered at 100%.

*MNT: Medical Nutrition Therapy